



The 18th Annual WMS Turkey Spirit Rally

*Sponsored by the Wellesley Middle School Fitness and Health Department
Wednesday, November 26, 2014*

The Turkey Spirit Rally is a WMS whole school, community service event that promotes the collective spirit of "giving." On the day of the Rally, homerooms will deliver items they have collected for the women's shelter, Voices Against Violence and the Wellesley Food Pantry. These items help provide necessary means for families throughout the year.

- The event will include a "**Spirit Rally**" in Gym A. Homerooms will work together and engage in a friendly competition for the "Spirit Trophy." Spirit is encouraged to be displayed through costumes, banners, cheers, skits and songs; consider the theme of "giving." All performances should be no longer than 1 minute in length and are to be created by the students.

There will be 3 "Rallies" as follows:

Grade 7 – 7:50 to 9:00 A.M.

Grade 8 – 9:00 to 10:00 A.M.

Grade 6 – 10:00 to 11:00 A.M.

- After each Spirit Rally, students will gather in the cafeteria for a short celebration with refreshments provided by the PTO.
- Students are being asked to bring in items from the attached "Donations List" **before** Wednesday, November 26st. Encourage your children to "walk in the shoes" of those receiving the items and to donate accordingly. As a school-wide incentive, homerooms have been given the goal of donating a minimum of 100 items per class. If we meet and/or exceed our collective goal, WMS will announce a "no homework" day.
- Highlight the goals of the day in a way that encourages positive participation. Emphasize: 1) giving to those in need, 2) taking responsibility to act, 3) making a difference by engaging in a cause greater than oneself.
- If you have any questions or concerns, please contact the WMS Main Office staff at 781-446-6235. Thank you for your support with this important endeavor!

Turkey Spirit Rally Information for Homeroom Teachers 2014

Teacher Roles and Responsibilities

- * Share donation list with students.
- * It is suggested that at least 2 homeroom periods be provided to prepare the performance for the Rally.
- * Supervise student creation of performance (i.e. costumes, banners, cheers, skits and songs).
- * The performance should be created and designed by the students.
- * Teachers may be included as a part of the performance.
- * Collect and organize donated items as per the list provided. Please check expiration dates on products.
- * *Donations forms will be given to Ms. Grant in Gym B – Students will bring items to Gym B and the homeroom teacher, or designated student, will pass in a completed donation form to Ms. Grant with the **total** number of items collected.*

***ITEMS ARE DONATED TO BOTH THE "WELLESLEY FOOD PANTRY"
AND "HAVEN SHELTER", A SHELTER THAT SUPPORTS VICTIMS
GOING THROUGH A DOMESTIC CRISIS
RUN BY "VOICES AGAINST VIOLENCE."***

DONATIONS

Grade level and homeroom #:

Total items donated:

Teacher signature:



Food Donation Items for Voices Against Violence and Wellesley Food Pantry WMS Turkey Spirit Rally 2014-15

*Any student can donate any item listed below. **All donations are welcome and appreciated.** Additionally, certain items are more in demand than others. Please refer to the back of this sheet for suggested donations by homeroom. We are trying to provide the most comprehensive range of goods to meet the shelter's and pantry's needs. Thank you for your support.*

Note: asterisks (*) represent items most needed; additionally, please check expiration dates.

WATER AND JUICES

Juices – bottled *, Juice boxes *, Bottled Water

SNACKS – ALL INDIVIDUAL SERVINGS

Cookies *, Crackers *, Chips *, Granola Bars

PERSONAL CARE

Body Wash *, Shampoo *, Diapers * (sizes 1, 3, 4, 5, and 6), Women's Deodorant*, Women's Shaving Cream, Toothpaste *, Combs and Brushes, Hand Sanitizer, Band Aids, Dental Floss, Lotions, Toothbrushes, Mouthwash

HOUSEHOLD PRODUCTS

Toilet Paper *, Napkins, Liquid Detergent (by sink), Liquid Laundry Detergent, Dishwasher Detergent , Liquid Hand Soap , Disinfectant Wipes, Paper Towels, Aluminum Foil

BAKING PRODUCTS

Flour*, Sugar (white) *, Vegetable Oil *, Olive Oil *, Spices, Cake Mixes, Frosting Mix, Pancake Mix *

CONDIMENTS

Ketchup *, Salad Dressings *, Peanut Butter *, Jelly *, Coffee *, Maple Syrup *, Non-Dairy Creamer

PASTA & RICE

Rice – (white) *, Mac & Cheese Dinners

CANNED FOOD

Soup, Spaghetti-O's, Ravioli, Beef Stew, Baby Food, Baby Formula, Vegetables, Tuna

BABY SUPPLIES

Baby Powder, Shampoo, Body Wash, Toothbrushes, Toothpaste

Note: gift cards are always welcome to buy fresh products, prescriptions, baby formula, outfits, etc. (Market Basket, Stop & Shop, Walgreens, Wal-Mart, Target, CVS).

Suggested Food Donations by Homeroom

Should you need further assistance in deciding on what items to donate, please use the suggested list below:

Note: asterisks (*) represent items most needed; additionally, please check expiration dates.

- Homerooms 107, 313, 319, 321, 307

WATER AND JUICES: Juices – bottled *, Juice boxes *, Bottled Water

- Homerooms 111, 323, 325, 331, 301

SNACKS – ALL INDIVIDUAL SERVINGS - Cookies *, Crackers *, Chips *, Granola Bars

- Homerooms 109, 215, 219, 309, 252, 305

PERSONAL CARE - Body Wash *, Shampoo *, Diapers * (sizes 1, 3, 4, 5, and 6), Women's Deodorant*, Women's Shaving Cream, Toothpaste *, Combs and Brushes, Hand Sanitizer, Band Aids, Dental Floss, Lotions, Toothbrushes, Mouthwash

- Homerooms 217, 223, 225, 221, 234, 311

HOUSEHOLD PRODUCTS: Toilet Paper *, Napkins, Liquid Detergent (by sink), Liquid Laundry Detergent, Dishwasher Detergent, Liquid Hand Soap, Disinfectant Wipes, Paper Towels, Aluminum Foil

- Homerooms 113, 329, 101, 103, 230, 226

BAKING PRODUCTS: Flour*, Sugar (white) *, Vegetable Oil *, Olive Oil *, Spices, Cake Mixes, Frosting Mix, Pancake Mix *

- Homerooms 120, 330, 328, 332, 224

CONDIMENTS: Ketchup *, Salad Dressings *, Peanut Butter *, Jelly *, Coffee *, Maple Syrup *, Non-Dairy Creamer

- Homerooms 116, 207, 211, 203, 222

PASTA AND RICE: Rice – (white) *, Mac & Cheese Dinners

- Homerooms 124, 227, 229, 231, 216

CANNED FOOD: Soup, Spaghetti-O's, Ravioli, Beef Stew, Baby Food, Baby Formula, Vegetables, Tuna

- Homerooms 118, 318, 324, 326, 212

BABY SUPPLIES: Baby Powder, Shampoo, Body Wash, Toothbrushes, Toothpaste

- Homerooms 228, 338, 105, 206, 210

PERSONAL CARE - Body Wash *, Shampoo *, Diapers * (sizes 1, 3, 4, 5, and 6), Women's Deodorant*, Women's Shaving Cream, Toothpaste *, Combs and Brushes, Hand Sanitizer, Band Aids, Dental Floss, Lotions, Toothbrushes, Mouthwash

Note: gift cards are always welcome to buy fresh products, prescriptions, baby formula, outfits, etc. (Market Basket, Stop & Shop, Walgreens, Wal-Mart, Target, CVS).